



The Lamplighter

The Monthly Newsletter of Richmond's WESTOVER BAPTIST CHURCH

"The Risen Christ"

We live in a world where it can sometimes seem hard to escape the bombardment of sensory and emotional stimuli. For many people today, sensory and emotional overload is a common feature in their lives. Television, radio and internet media send us increasingly graphic images meant to illicit an emotional response within us. Stresses of social life and work only add to the sensory overload.

Moments when one can find peace, rest, and silence, are increasingly rare in our fast pace, loud world. Have people become so numb to life that we require such shocking experiences to get through? I wonder if this type of sensory and emotional overload is what the disciples went through during the final week of Jesus' life and the subsequent weeks that followed.

In just a few weeks, the disciples experienced the triumphal entry into Jerusalem, an emotional and somewhat perplexing Passover meal, an unexpected betrayal by one of their fellow disciples, a pseudo-trial, and the execution of Jesus. Then, just a few days later, in the midst of such emotionally intense experiences, they find an empty tomb and only later encounter the risen Christ.

These events would change their lives and the world forever. How does one make sense of all this in such a short amount of time?

We read in John's gospel that many of the disciples went back to their former job of fishing. They chose a familiar task to go back to in order to help them process these life altering events. Even here they find that they cannot escape the risen Christ. From now on, wherever they go, the Lord will be with them. No longer is there such a thing as ordinary or routine. From now on, everything has become extra-ordinary and divine, because Christ goes before them, leading the way.

The same is true for us today. The risen Christ goes before us, preparing our way. Christ is moving, active and present in all our lives. But remember not every disciple recognized the risen Christ in their midst. At times they walked, talked, and even ate with Christ without knowing it. Similarly, we may not always recognize Christ moving in our life. Sometimes, we are blind to Christ working in our life because we are overloaded with sensory and emotional stimuli, or perhaps we are moving from one task to the other without pausing to reflect.

In order to help us see the risen Christ in our life, it can be helpful to take a moment each day to spend quiet time with the Lord. We can journal, study scripture, meditate or pray. Sometimes getting out in God's creation can open our eyes to God's presence. We can go on prayer walks in nature, garden, or simply sit quietly in our own backyard watching and listening to the birds fly and sing.

God is all around us. May we have eyes to see, and ears to hear.

With
Gratitude,

Drew



Remember in Prayer . . .



Les Alleyne, Adrian Banks, Bob Beasley, Mary Ann & Mack Belcher, Lolas Brown, Margaret Christy, Carol Cozart, Adam Darr, Karen DeCicco, Chris Farmer, Mary Lou Forte, Nancy Headley, Betty & Jerry Lajoie, Jimmy Kersey, Wesley Marr, Butch Nolan, Shirley Overton, Glenn Pope, Rose Robbins, Gordie Taylor, Gwen Taylor, Austin Thor, the Church Community.
SPRING ARBOR: Joan Brandon

May Ministry Volunteers

Deacon of the Week

May 1	Betty Garrett
May 8	Kathleen Pope
May 15	David Cosby
May 22	Chris Keeling
May 29	Tony Goyal



May Birthdays



May 4th . . Eva Cosby
May 5th . . Bob Beasley

Sunday Mornings: Our Sunday School meets in-person at **10:15 am** in the Library and virtually via Zoom. We meet for Worship at **11:30 am**, both in-person and via Zoom. Join via Zoom for Sunday School and/or Worship by entering the following codes in your Zoom app:

Meeting ID: 811 5323 9170 Passcode: 103094 - OR - by accessing link ...
<https://us02web.zoom.us/j/81153239170?pwd=Ty9GNHVBMdRLRmFpT2ZYjFEL2FXZz09>

GIVING OPTIONS for OFFERINGS

- 1) Bring your offering when you come to church on Sunday mornings,
- 2) Drop your offering through the bronze mail slot in the 49th Street door.
- 3) Mail your offering to: **Westover Baptist Church**
PO Box 13048
Richmond, VA 23225
- 4) Give online at: <https://onrealm.org/WestoverBaptist/give/offering>



STEWARDSHIP UPDATE

APRIL 3 - APRIL 24, 2022 (4 Sundays)

General offering received	\$4,735.00
General offering budget requirement for period	\$5,423.00
General offering received in 2022	\$28,535.00
General offering budget requirement for 2022	\$23,048.00
Missions offering year-to-date	\$295.00
LWCC Mission offering year-to-date	\$530.00

TELLERS SCHEDULE

Monday, May 2	Jackie Harman / Ralph Harman
Monday, May 9	Mike Geiger / Ellen Seal
Monday, May 16	David Cosby / Betty Garrett
Monday, May 23	Marcia Geiger / Kathleen Pope
Monday, May 30	Jackie Harman / Ralph Harman



Monastic Community Update

Living Water is excited about its newest initiative of establishing a monastic community... an intentional community, rooted in the Christian contemplative tradition, that shares a common rhythm of life that revolves around periods of prayer and meditation, while working and serving in the community. This monastic community observes three times of prayer and mediation daily. The community will also maintain the apiary of honey bee colonies and continue to develop the urban farm and community garden.

The residence for the monastic community is located in the former educational wings of the church building, which is now receiving some upgrading. The renovations will cost approximately \$130,000. To date, receipts for the renovations are \$85,000. We continue to be blessed with generous donations!



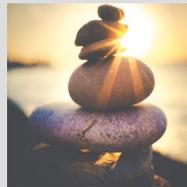
MAY MISSIONS UPDATE

See all the things happening at Living Water! Just click on the website link:

Website: www.livingwaterva.com Email: livingwatercommunitycenter@gmail.com

Follow us on Facebook: [Living Water Community Center](#)

Living Water Community Center seeks to foster healthy community through contemplative practices such as meditation, mindful beekeeping, and urban farming, where we hope to create a more sustainable and healthy community, both for the individual and the ecosystem.



Ultra Local Raw Honey: Our honey is available for purchase. 1 pound \$15, 2 pounds \$25, 3 or more pounds are \$10 each.

Community Garden: The weekly garden workday is every Thursday morning from 9:00am to 11:30 am.

Daily Meditation: Join in each Monday-Friday at 6:30am, 12:00pm, and 5:30pm for 30 minutes of silent prayer and meditation, in person in the church sanctuary, or via Zoom:

Meeting ID: 390 739 0579 Passcode: livingh2o -OR- access this link...

<https://us02web.zoom.us/j/3907390579?pwd=dm9rbm1ZNnVqcDVQYUVrZWFiNTJmUT09>



Food Pantry Mission

The Food Pantry operates twice a month, on the 1st and 3rd Fridays, from 1:00pm-3:00pm. We, with Rising Liberty Church, partner with the Chesterfield Food Bank Outreach Center to provide up to 2 full bags of groceries to local families that are impacted by food insecurities. Produce from the Community Garden is also included. Come out and help with the food distribution effort and enjoy growing relationships with our neighbors in the surrounding community.

MISSION OFFERING OF THE CHURCH!

This offering is distributed among both the state and national bodies of the Cooperative Baptist Fellowship, the Baptist General Association of Virginia, and the South Richmond Baptist Center. You may also contribute directly to our mission ministry, Living Water Community Center, through which we strive to meet many of the needs of our surrounding community.

WESTOVER BAPTIST CHURCH
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 Richmond, VA 23225
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wbcrichmond@gmail.com
 www.wbcrichmond.com
 www.livingwaterrva.com

OUR CHURCH STAFF

Rev. Drew Nagy, Pastor
 Andrew Pfeiffer, Music Ministry
 Bill Thomas, Pastoral Care
 David Parrish, Facilities Manager



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CHANGE
 SERVICE
 REQUESTED

May 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 10:15AM Sunday School 11:30AM Worship Service <i>[9:30am South City; Sanctuary]</i> <i>[10:30am Crown & Joy; Social]</i> <i>[1:30pm Camino al Cielo; Sanct]</i> 6:00pm Sound Bath Meditation	2 Daily Meditations: 6:30AM, 12PM, 5:30PM 4:30pm Tween Yoga	3 Daily Meditations: 6:30AM, 12PM, 5:30PM 6:30pm Breathwork 7:00pm Yin Yoga	4 Daily Meditations: 6:30AM, 12PM, 5:30PM 10:30 AM Qi Gong 6:00PM Supper 6:45PM Business Meeting	5 Daily Meditations: 6:30AM, 12PM, 5:30PM 8:30am TheraFlow Yoga 6:30pm Ashtanga Yoga	6 Daily Meditations: 6:30AM, 12PM, 5:30PM 10:30 AM Chair Yoga 1-3PM Food Pantry	7 9am Gentle Yoga 10am Slow Flow Yoga 2pm Community Drumming
8 <i>Mother's Day</i> 10:15AM Sunday School 11:30AM Worship Service <i>[9:30am South City; Sanctuary]</i> <i>[10:30am Crown & Joy; Social]</i> <i>[1:30pm Camino al Cielo; Sanct]</i>	9 Daily Meditations: 6:30AM, 12PM, 5:30PM 4:30pm Tween Yoga	10 Daily Meditations: 6:30AM, 12PM, 5:30PM 6:30pm Breathwork 7:00pm Yin Yoga	11 Daily Meditations: 6:30AM, 12PM, 5:30PM 10:30 AM Qi Gong	12 Daily Meditations: 6:30AM, 12PM, 5:30PM 8:30am TheraFlow Yoga 6:30pm Ashtanga Yoga	13 Daily Meditations: 6:30AM, 12PM, 5:30PM 10:30 AM Chair Yoga	14 9am Gentle Yoga 10am Slow Flow Yoga 2pm Community Drumming
15 10:15AM Sunday School 11:30AM Worship Service <i>[9:30am South City; Sanctuary]</i> <i>[10:30am Crown & Joy; Social]</i> <i>[1:30pm Camino al Cielo; Sanct]</i> 6:00pm Sound Bath Meditation	16 Daily Meditations: 6:30AM, 12PM, 5:30PM 4:30pm Tween Yoga	17 Daily Meditations: 6:30AM, 12PM, 5:30PM 6:30pm Breathwork 7:00pm Yin Yoga	18 Daily Meditations: 6:30AM, 12PM, 5:30PM 10:30 AM Qi Gong	19 Daily Meditations: 6:30AM, 12PM, 5:30PM 8:30am TheraFlow Yoga 6:30pm Ashtanga Yoga	20 Daily Meditations: 6:30AM, 12PM, 5:30PM 10:30 AM Chair Yoga 1-3PM Food Pantry	21 9am Gentle Yoga 10am Slow Flow Yoga 2pm Community Drumming
22 10:15AM Sunday School 11:30AM Worship Service <i>[9:30am South City; Sanctuary]</i> <i>[10:30am Crown & Joy; Social]</i> <i>[1:30pm Camino al Cielo; Sanct]</i>	23 Daily Meditations: 6:30AM, 12PM, 5:30PM 4:30pm Tween Yoga	24 Daily Meditations: 6:30AM, 12PM, 5:30PM 6:30pm Breathwork 7:00pm Yin Yoga	25 Daily Meditations: 6:30AM, 12PM, 5:30PM 10:30 AM Qi Gong 6:00PM Deacons (Dining)	26 Daily Meditations: 6:30AM, 12PM, 5:30PM 8:30am TheraFlow Yoga 6:30pm Ashtanga Yoga	27 Daily Meditations: 6:30AM, 12PM, 5:30PM 10:30 AM Chair Yoga	28 9am Gentle Yoga 10am Slow Flow Yoga 2pm Community Drumming
29 10:15AM Sunday School 11:30AM Worship Service <i>[9:30am South City; Sanctuary]</i> <i>[10:30am Crown & Joy; Social]</i> <i>[1:30pm Camino al Cielo; Sanct]</i>	30 <i>Memorial Day</i> Daily Meditations: 6:30AM, 12PM, 5:30PM 4:30pm Tween Yoga	31 Daily Meditations: 6:30AM, 12PM, 5:30PM 6:30pm Breathwork 7:00pm Yin Yoga				