



The Lamplighter

The Monthly Newsletter of Richmond's WESTOVER BAPTIST CHURCH

"Blessed Are the Pure in Heart"

This past Sunday, we studied the Beatitudes during Sunday School and worship. I've always been struck by the verse in Matthew 5:8: *"Blessed are the pure in heart, for they will see God."* I've often wondered, how can anyone see God? And what does it mean to be pure in heart?

Often, we hear the word "pure" and think of a moral checklist or a rigid perfectionism. I don't believe Jesus was talking about this. I believe he meant pure in heart as a state of clarity and single-minded devotion to God.

The Settling of the Water

When we look at the word "pure" through this lens of clarity, it changes how we view our spiritual lives. Think of the heart not as a project to be finished, but as a pool of water. In our daily lives, our ego is like a wind that never stops blowing. It creates constant ripples: waves of anxiety and the "noise" of our many mixed motives. When the water is turbulent, the surface cannot reflect the sky.

To be "pure in heart" is the process of settling and the state of being settled. It is a state where the mental and emotional waves have stilled, leaving behind a transparent spirit. Purity isn't about adding something new to your soul; it is what remains when the ego's grip finally releases. This is the "single-mindedness" Jesus spoke of: a heart that is no longer divided by hidden agendas or self-interest, but is simply, quietly focused on God's presence in each passing moment.

When the heart reaches this state of clarity, the "lens" through which we see the world changes. We start seeing God's presence everywhere.

Blessedness, then, is not a reward for being good. It is the joy of seeing clearly. It is the freedom of a mind that has stopped fighting and a heart that has finally become still enough to reflect the Light.

A Practice for the Week

This week, when you notice your heart becoming muddy, whether it's stress, anger, or conflicting desires, let us take a moment, breathe, and realize that this too shall pass. We don't need to react to every thought or feeling. Sometimes we just need to breathe, and in doing so, we allow the water to settle.

With Gratitude,

Drew



Remember in Prayer . . .



Les Alleyne, "Andy" Anderson, Adrian Banks, Margaret Christy, Carol Cozart, Evelyn Hart, Jimmy Kersey, Carrie Newman, Butch Nolan, Gayle Moschler, Robin Parrish, Glenn Pope, Calvin Reed, Rose Robbins, Johanna Seay, Betsy Summers, Gordie Taylor, Church Community.



February Birthdays

7 Jackie Harman 19 Jim Kersey 25 Johanna Seay
14 Robin Parrish 19 Rose Robbins**

**** A Very Happy 100th Birthday to Rose Robbins !!! ****

Sunday Mornings: Our Sunday School meets in-person at 10:15 am in the Library and virtually via Zoom. We meet for Worship at 11:30 am, both in-person and via Zoom. Join via Zoom for Sunday School and/or Worship by entering the following codes in your Zoom app:

Meeting ID: 811 5323 9170 Passcode: 103094 - OR - by accessing link ...
<https://us02web.zoom.us/j/81153239170?pwd=Ty9GNHVBMDRLRmFpT2ZYNjFEL2FXZz09>

GIVING OPTIONS for OFFERINGS

- 1) Bring your offering when you come to church on Sunday mornings,
- 2) Drop through the bronze mail slot in the 49th Street door.
- 3) Mail your offering to: **Westover Baptist Church**
1000 Westover Hills Blvd.
Richmond, VA 23225
- 4) Give online at: <https://onrealm.org/WestoverBaptist/give/offering>



STEWARSHIP UPDATE

JANUARY 1 - JANUARY 31, 2026

General offering received	\$5,412.00
General offering budget requirement for period	\$5,125.00
General offering received in 2026	\$5,412.00
General offering budget requirement for 2026	\$61,500.00
Missions offering year-to-date	\$100.00
LWCC Mission offering year-to-date	\$75.00

MISSIONS OFFERINGS: This offering is distributed among both the state and national bodies of the Cooperative Baptist Fellowship, the Baptist General Association of Virginia, and the South Richmond Baptist Center. You may also contribute directly to our mission ministry, Living Water Community Center, through which we strive to meet the needs of our neighbors.

February Ministry

Deacon of the Week

February 1	David Cosby
February 8	Mike Geiger
February 15	Betty Garrett
February 22	Tony Goyal
March 1	Sophia Goyal
March 8	Ellen Seal

* IMPORTANT MESSAGE *

We are transitioning away from using the P. O. Box 13048 for our postal mail correspondence. PLEASE use the church's physical address going forward:

**1000 Westover Hills Boulevard
Richmond, VA 23225**

Welcome New Member!

Glenn Pope

Glenn was officially welcomed to the Westover Family on December 21st, 2025.

Member Address Change

Dick and Gayle Moschler
3902 Amberleigh Blvd
North Chesterfield, VA 23236

2025 Giving

2025 CONTRIBUTION STATEMENTS were generated on January 29th and sent either by email or by postal mail to the addresses we have on file for you. If you have a need for your statement, please notify us if you did not receive it by either of the delivery options stated.

Our Vision in 2026

Westover Baptist Church, by the grace and power of God, determines to be a redeemed people making a difference for the Kingdom of God in our community and beyond by...

- Leading people to a personal relationship with God and growth in their spiritual journey
 - Building a fellowship of love and grace
- Experiencing God's presence in prayer, in worship and celebration
 - Effectively managing resources for the Kingdom of God
 - Providing community impact ministries
 - Striving daily to follow Jesus, the Christ!



FEBRUARY MISSIONS UPDATE

Check out what the Wellness Program offers. Just click on the website link:

Website: www.livingwaterra.com Email: livingwatercommunitycenter@gmail.com

Follow us on Facebook: [Living Water Community Center](https://www.facebook.com/LivingWaterCommunityCenter)

At Living Water, our mission is to cultivate community where people and the planet thrive. Through mindfulness, environmental care, and holistic wellness, we are building a community grounded in connection and transformation.

Ultra Local Raw Honey: We are a haven for native bees! Our hives have been prepared to survive over the winter. In addition to our pure honey we also now have honey infused with chai spices. Your support allows us to plant more trees and provide more native bee homes throughout the city. When you sign up to give a monthly gift of \$25 you will receive a pound of our ultra-local, sustainably harvested honey every month.

Community Garden: The weekly garden workday is every **Thursday** starting at 1:00pm. Now is a good time to clean up the old plants and vines and spread mulch so that the trees stay warm in the winter.

Daily Meditation: Join in each **Monday-Friday** at **7:00am** in the church sanctuary and via Zoom, and **8:00pm** in the Yoga Loft, for 30 minutes of silent prayer and meditation. Below is the Zoom information:

Meeting ID: 390 739 0579 Passcode: livingh2o -OR- access this link...

<https://us02web.zoom.us/j/3907390579?pwd=dm9rbm1ZNnVqcDVQYUVrZWFiNTJmUT09>

Food Pantry Mission

The **Food Pantry** operates twice a month, on **1st and 3rd Fridays** from **1-3 p. m.** Bags of groceries and frozen meats are given to local families that are impacted by food insecurities. We have seen an increase in the number of patrons lately, so please consider donating food for the pantry when you come to church.



Living Water is welcoming some exciting changes in the month of February. **Sunday sound baths**, **River City Sing song circles** and **Breathwork and Sound Sessions** with **Katie** will now be held in the new Meditation Hall! The Dining Hall has been intentionally reshaped to be welcoming and inviting to our community. We hope you all love it!

WESTOVER BAPTIST CHURCH
1000 Westover Hills Boulevard
Richmond, VA 23225
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www.wbcrichmond.com
www.livingwaterrva.com



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OUR CHURCH STAFF

Rev. Drew Nagy, Pastor
Andrew Pfeiffer, Music Ministry
David Parrish, Facilities Consultant

February 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 10:15AM Sunday School 11:30AM Worship Service <i>[11am Greater Joy; Fellowship]</i> 6:30pm Sound Meditation	2 Silent Meditations: 7-7:30AM, 8-8:30PM <i>[11am Greater Joy; Fellowship]</i> 5:30pm Qi Gong	3 Silent Meditations: 7-7:30AM, 8-8:30PM 7:00pm Guided Meditation & Mindfulness	4 Silent Meditations: 7-7:30AM, 8-8:30PM 10:00am Gentle Flow Yoga 6:00pm Recharge Yoga	5 Silent Meditations: 7-7:30AM, 8-8:30PM 11:00am Yoga Basics	6 Silent Meditations: 7-7:30AM, 8-8:30PM 11:00am Chair Yoga 1-3PM Food Pantry	7 9:30am Community Yoga 11:30am Kundalini Yoga
8 10:15AM Sunday School 11:30AM Worship Service <i>[11am Greater Joy; Fellowship]</i> 6:30pm Sound Meditation	9 Silent Meditations: 7-7:30AM, 8-8:30PM <i>[11am Greater Joy; Fellowship]</i> 5:30pm Qi Gong	10 Silent Meditations: 7-7:30AM, 8-8:30PM 7:00pm Guided Meditation & Mindfulness	11 Silent Meditations: 7-7:30AM, 8-8:30PM 10:00am Gentle Flow Yoga 6:00pm Recharge Yoga 6:30pm Song Circle	12 Silent Meditations: 7-7:30AM, 8-8:30PM 11:00am Yoga Basics 6:00pm Breathwork & Sound w/Katie	13 Silent Meditations: 7-7:30AM, 8-8:30PM 11:00am Chair Yoga	14 9:30am Community Yoga 10:00am-5:30pm Winter Silent Retreat 11:30am Kundalini Yoga
15 10:15AM Sunday School 11:30AM Worship Service <i>[11am Greater Joy; Fellowship]</i> 6:30pm Sound Meditation	16 Silent Meditations: 7-7:30AM, 8-8:30PM 5:30pm Qi Gong	17 Silent Meditations: 7-7:30AM, 8-8:30PM 7:00pm Guided Meditation & Mindfulness	18 <i>Ash Wednesday</i> Silent Meditations: 7-7:30AM, 8-8:30PM 10:00am Gentle Flow Yoga 6:00pm Recharge Yoga	19 Silent Meditations: 7-7:30AM, 8-8:30PM 11:00am Yoga Basics 6:30pm Exploring Meditation through Yoga Sutras	20 Silent Meditations: 7-7:30AM, 8-8:30PM 11:00am Chair Yoga 1-3PM Food Pantry	21 9:30am Community Yoga 11:30am Kundalini Yoga
22 <i>First Sunday of Lent</i> 10:15AM Sunday School 11:30AM Worship Service <i>[11am Greater Joy; Fellowship]</i> 6:30pm Sound Meditation	23 Silent Meditations: 7-7:30AM, 8-8:30PM 5:30pm Qi Gong 6:00pm Breathwork & Sound w/Katie	24 Silent Meditations: 7-7:30AM, 8-8:30PM 7:00pm Guided Meditation & Mindfulness	25 Silent Meditations: 7-7:30AM, 8-8:30PM 10:00am Gentle Flow Yoga 6:00pm Recharge Yoga	26 Silent Meditations: 7-7:30AM, 8-8:30PM 11:00am Yoga Basics 6:30pm Exploring Meditation through Yoga Sutras	27 Silent Meditations: 7-7:30AM, 8-8:30PM 11:00am Chair Yoga	28 9:30am Community Yoga 11:30am Kundalini Yoga