



The Lamplighter

The Monthly Newsletter of Richmond's WESTOVER BAPTIST CHURCH

"Embracing Spring: Shedding the Old, Embracing the New"

As the days lengthen and slowly become warmer, we find ourselves immersed in the heart of the spring transformation. In our community garden, we've spent the past few weeks preparing the soil for this year's spring vegetable garden. We've turned the soil, added compost and now we are planting seeds. Amidst our work, I look around and notice all the trees flowering and leafing out and the birds each individually singing their beautiful songs in the morning as if they are somehow all part of a singular voice, like a choir praising the creator.

As we prepare our community garden and as I notice all the transformations taking place in nature around us, I wonder what other transformations lie ahead of us this season. What transformations will take place within us?

Paul told the Ephesians to "cast off the old self... and be renewed in the spirit of your minds, and to put on the new self, created after the likeness of God" (Ephesians 4:22-24).

Just as a caterpillar sheds its cocoon to reveal the magnificent beauty of a butterfly, I wonder what layers of my old self I can shed to reveal the new self God is creating within me. In the garden of my soul, what seeds of possibility and growth am I planting now that will emerge later in the season? How can I cultivate the soil in my life and the right environment to encourage growth?

Perhaps the most valuable seed we sow in life is with our time. How we invest our time shapes the trajectory of our journey, influencing the fruits we will eventually harvest. Do we spend our time the way we desire. Do we give time to the things that matter most in our life like important relationships, caring for our physical and spiritual well-being, and cultivating a deeper connection with God?

In this spring season, may we honor the natural process of shedding the old and embracing the new by planting seeds that will bear fruit in our life. Like the butterfly emerging from its cocoon, may we spread our wings and soar into the boundless expanse of possibility, ready to embrace the beauty and wonder of the journey ahead.

With Gratitude,

Drew



Remember in Prayer . . .

Les Alleyne, "Andy" Anderson, Adrian Banks, Mack Belcher, Margaret Christy, Carol Cozart, Karen DeCicco, Wanda Harvey (Wesley Marr's sister), Jimmy Kersey, Gayle Moschler, Carrie Newman, Butch Nolan, Robin Parrish, Rose Robbins, Gordie Taylor, Gwen Taylor, Austin Thor, Church Community.

April Ministry Volunteers

Deacon of the Week

- April 7 Betty Garrett
- April 14 Kathleen Pope
- April 21 Tony Goyal
- April 28 Sophia Goyal



April Birthdays

- 8 Chris Keeling 24 Marcia Geiger
- 14 Elisa Bennett 26 Kathleen Pope
- 19 Gayle Moschler

Sunday Mornings: Our Sunday School meets in-person at 10:15 am in the Library and virtually via Zoom. We meet for Worship at 11:30 am, both in-person and via Zoom. Join via Zoom for Sunday School and/or Worship by entering the following codes in your Zoom app:

Meeting ID: 811 5323 9170 Passcode: 103094 - OR - by accessing link ...
<https://us02web.zoom.us/j/81153239170?pwd=Ty9GNHVBMdRlRmFpT2ZYjFEL2FXZz09>

GIVING OPTIONS for OFFERINGS

- 1) Bring your offering when you come to church on Sunday mornings,
- 2) Drop through the bronze mail slot in the 49th Street door.
- 3) Mail your offering to: **Westover Baptist Church**
PO Box 13048,
Richmond, VA 23225
- 4) Give online at: <https://onrealm.org/WestoverBaptist/give/offering>



STEWARDSHIP UPDATE

MARCH 3 - MARCH 31, 2024 (5 Sundays)

General offering received	\$6,277.00
General offering budget requirement for period	\$5,938.00
General offering received in 2024	\$15,837.00
General offering budget requirement for 2024	\$15,438.00
Missions offering year-to-date	\$320.00
LWCC Mission offering year-to-date	\$225.00

TELLERS SCHEDULE

Monday, April 1	David Cosby / Betty Garrett
Monday, April 8	Marcia Geiger / Kathleen Pope
Monday, April 15	Jackie Harman / Ralph Harman
Monday, April 22	Marcia Geiger / Mike Geiger
Monday, April 29	David Cosby / Betty Garrett



Happy Easter

Happy Easter to All!

Everything here (in Kentucky) is coming to life. And best of all - He Lives!

Love,
Margaret Christy

South Richmond Baptist Center

The SBRC has begun a new ministry called FACE. We seek these items in good working order: washers/dryers, refrigerators, microwaves, bedroom & kitchen & living room furniture. Call Wesley to discuss @ 804-232-0174.

MISSION OFFERING OF THE CHURCH

This offering is distributed among both the state and national bodies of the Co-operative Baptist Fellowship, the Baptist General Association of Virginia, and the South Richmond Baptist Center. You may also contribute directly to our mission ministry, Living Water Community Center, through which we strive to meet the needs of our neighbors.



APRIL MISSIONS UPDATE

Check out what the Wellness Program offers. Just click on the website link:

Website: www.livingwaterrva.com Email: livingwatercommunitycenter@gmail.com

Follow us on Facebook: [Living Water Community Center](#)

Open House: Please join us on April 6th for our Spring Open House, featuring a free spring beekeeping lecture, apiary and community garden tours, music, children's crafts, and more!

Ultra Local Raw Honey: If you would like to join us in beekeeping this year, our mentorship program begins in March, and we would be delighted to walk with you through a year of beekeeping. Living Water beekeepers will set up a hive in your yard and meet with you each month. The mentorship also includes three seasonal workshops. In October you can decide whether you feel ready to overwinter your hive. If you enjoy honey and would like to support our bee sanctuary, you can join our honey CSA. Each month CSA members contribute \$25 toward our bee sanctuary and receive a pound of our sustainably harvested honey.

Community Garden: The weekly garden workday is every **Thursday**. Come out and volunteer to help mulch, prune, plant, water.

Daily Meditation: Join in each **Monday-Friday** at **6:30am**, **12:00pm**, and **5:30pm** for 30 minutes of silent prayer and meditation, in person in the church sanctuary, or via Zoom:

Meeting ID: 390 739 0579 Passcode: livingh2o -OR- access this link...

<https://us02web.zoom.us/j/3907390579?pwd=dm9rbm1ZNnVqcDVQYUVRZWFiNTJmUT09>

Food Pantry Mission

The **Food Pantry** operates twice a month, on **1st and 3rd Fridays** from **1-3 p. m.** Up to 2 full bags of groceries are given to local families that are impacted by food insecurities. Westover and Living Water partner together for volunteers to help with the food distribution. Rising Liberty Church connected the Food Pantry with the Chesterfield Food Bank, which provides the majority of the food, and to which we give a monthly donation to help offset their costs. Our congregation provides food as well. Living Water harvests produce from the Community Garden to include in the distribution. We couldn't do all that we do without the help of the Baptist General Association of Virginia providing us with monetary donations from their Hunger Funds. We are grateful to all these entities and volunteers to help grow relationships with our neighbors in our surrounding community.

South Richmond Baptist Center

Canned food items are always appreciated for the urgent food insecurity in South Richmond neighborhoods.

WESTOVER BAPTIST CHURCH
 1000 Westover Hills Boulevard
 P.O. Box 13048
 Richmond, VA 23225
 (804) 233-9261

wbcrichmond@gmail.com
 www.wbcrichmond.com
 www.livingwaterrva.com

OUR CHURCH STAFF

Rev. Drew Nagy, Pastor
Andrew Pfeiffer, Music Ministry
Bill Thomas, Pastoral Care
David Parrish, Facilities Manager



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CHANGE
 SERVICE
 REQUESTED

April 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<i>1</i> Silent Meditations: 6:30AM, 12PM, 5:30PM 5:30pm Qi Gong	<i>2</i> Silent Meditations: 6:30AM, 12PM, 5:30PM 6:30pm Gentle Yoga	<i>3</i> Silent Meditations: 6:30AM, 12PM, 5:30PM 10am Slow Flow Yoga	<i>4</i> Silent Meditations: 6:30AM, 12PM, 5:30PM 11:00am Yoga Basics 6:30pm Laughter Yoga	<i>5</i> Silent Meditations: 6:30AM, 12PM, 5:30PM 11:00am Chair Yoga 1-3PM Food Pantry	<i>6</i> 9am Gentle Yoga 10am Slow Flow Yoga LWCC Open House
<i>7</i> 10:15AM Sunday School 11:30AM Worship Service [10:00am Crown & Joy; Social] [1:30pm Camino al Cielo; Sanct] [2:30pm Prayer Group; Social] 5:30pm Sound Meditation	<i>8</i> Silent Meditations: 6:30AM, 12PM, 5:30PM 5:30pm Qi Gong	<i>9</i> Silent Meditations: 6:30AM, 12PM, 5:30PM 6:30pm Gentle Yoga	<i>10</i> Silent Meditations: 6:30AM, 12PM, 5:30PM 10am Slow Flow Yoga	<i>11</i> Silent Meditations: 6:30AM, 12PM, 5:30PM 11:00am Yoga Basics 6:30pm Laughter Yoga	<i>12</i> Silent Meditations: 6:30AM, 12PM, 5:30PM 11:00am Chair Yoga 6:30pm Yoga Pop-up	<i>13</i> 9am Gentle Yoga 10am Slow Flow Yoga [10:30a-3:30p C & J; Dining Hall] 6:30pm Peace Dances
<i>14</i> 10:15AM Sunday School 11:30AM Worship Service [10:00am Crown & Joy; Social] [1:30pm Camino al Cielo; Sanct] [2:30pm Prayer Group; Social] 5:30pm Sound Meditation	<i>15</i> Silent Meditations: 6:30AM, 12PM, 5:30PM 5:30pm Qi Gong	<i>16</i> Silent Meditations: 6:30AM, 12PM, 5:30PM 6:30pm Gentle Yoga	<i>17</i> Silent Meditations: 6:30AM, 12PM, 5:30PM 10am Slow Flow Yoga	<i>18</i> Silent Meditations: 6:30AM, 12PM, 5:30PM 11:00am Yoga Basics 6:30pm Laughter Yoga	<i>19</i> Silent Meditations: 6:30AM, 12PM, 5:30PM 11:00am Chair Yoga 1-3PM Food Pantry	<i>20</i> 9am Gentle Yoga 10am Slow Flow Yoga
<i>21</i> 10:15AM Sunday School 11:30AM Worship Service [10:00am Crown & Joy; Social] [1:30pm Camino al Cielo; Sanct] [2:30pm Prayer Group; Social] 5:30pm Sound Meditation	<i>22</i> Silent Meditations: 6:30AM, 12PM, 5:30PM 5:30pm Qi Gong 7:30pm Breathwork	<i>23</i> Silent Meditations: 6:30AM, 12PM, 5:30PM 6:30pm Gentle Yoga	<i>24</i> Silent Meditations: 6:30AM, 12PM, 5:30PM 10am Slow Flow Yoga 6:00PM Deacons (DHall)	<i>25</i> Silent Meditations: 6:30AM, 12PM, 5:30PM 11:00am Yoga Basics 6:30pm Laughter Yoga	<i>26</i> Silent Meditations: 6:30AM, 12PM, 5:30PM 11:00am Chair Yoga	<i>27</i> 9am Gentle Yoga 10am Slow Flow Yoga
<i>28</i> 10:15AM Sunday School 11:30AM Worship Service [10:00am Crown & Joy; Social] [1:30pm Camino al Cielo; Sanct] [2:30pm Prayer Group; Social] [4:15pm Crown & Joy; Library] 5:30pm Sound Meditation	<i>29</i> Silent Meditations: 6:30AM, 12PM, 5:30PM 5:30pm Qi Gong	<i>30</i> Silent Meditations: 6:30AM, 12PM, 5:30PM 6:30pm Gentle Yoga				